

Monitors Do Valuable Work



You can be part of a team that's helping people live well with a disability.

Meet new people • Help strengthen the community • Earn extra money • Receive free training • Learn about services for people with intellectual disabilities • Have fun!

The monitors conduct the surveys. Monitors could be stay-at-home moms, retirees, people with disabilities, or their family and friends. Conducting in-person interviews may be of interest if you live in or near Dauphin, Cumberland, Juniata, Mifflin, Perry or Huntingdon counties.

Here's what makes a great monitor:

- Reliability, sensitivity, confidentiality
- Sincere interest in this serious task
- Knowledge of lifestyles of people with disabilities
- Honesty
- Ability to observe and listen to people
- Desire for a personally rewarding experience

Center for Independent Living of Central Pennsylvania

Your local resource for
LIVING WELL
WITH A DISABILITY®

One Call. Countless Resources. Endless Opportunities.

www.cilcp.org
livingwell@cilcp.org
www.facebook.com/cilcp

MAIN OFFICE:

207 House Avenue, Suite 107, Camp Hill, PA 17011
(717) 731-1900 • 1-800-323-6060
Fax: (717) 731-8150 • TTY: (717) 737-1335

NEWPORT OFFICE:

100 North 2nd Street, Newport, PA 17074
(717) 567-0306 • Fax: (717) 567-0308

For questions regarding Independent Monitoring for Quality, contact the Director of IM4Q at Extension 219.

If you, a family member, or friend want to learn more about living your best, please call our hotline for a free survey at 1-877-865-4893.



The Center for Independent Living of Central PA (CILCP) is committed to providing services, making referrals and taking employment actions without regard to age, ancestry, color, disability, national origin, race, religious creed, sex, veteran status or any other characteristic protected by applicable federal, state or local laws or ordinances.

Independent Monitoring for Quality



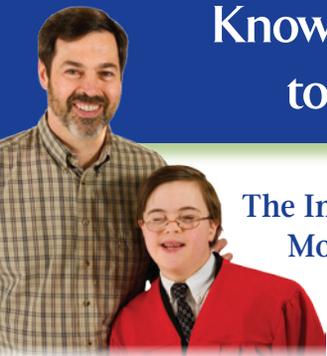
How Can Your Life Be Improved?

Center for Independent Living of Central Pennsylvania

Your local resource for
LIVING WELL
WITH A DISABILITY®

One Call. Countless Resources. Endless Opportunities.

Knowledge Leads to Change



The Independent Monitoring for Quality (IM4Q) program

wants to help people with intellectual disabilities live more satisfying lives. To do this, we talk to people with intellectual disabilities, their families, and/or their friends to find out how their lives can be improved. The county uses this information to make changes to help everyone.



How Does It Work?

The Center for Independent Living of Central PA (CILCP) will meet with you to complete a survey. Your answers will help the state and your county decide what changes can be made to improve your life and the lives of others with intellectual disabilities.

CILCP gives the survey to hundreds of people each year living in Dauphin, Cumberland, Juniata, Mifflin, Perry and Huntingdon counties.

Why You?



For more than 10 years, the CILCP has been hired by the county to give this survey. Pennsylvania keeps records of people with disabilities who receive services from their county. From these records, the state randomly chooses people to interview.

Those who take the survey may live in different settings including:



- licensed community homes,
- with families or companions,
- independently,
- intermediate care or nursing facilities,
- personal care homes,
- family living providers, or
- long-term care units.

What You Can Expect:

- The IM4Q monitor calls the person with the developmental disability, or a family member, guardian or friend of the person.
- If the person is a child under the age of 18 or has a guardian, the monitor requests permission from the guardian to conduct the survey.
- The monitor and individual decide a time and place for the survey.
- Two monitors conduct the interview which lasts about 45 minutes to one hour.
- CILCP puts the information into a state database.
- The state receives the information to review.
- The county reviews any comments and concerns for quality improvement purposes.
- The state and county use the information to determine how changes can be made for your life and the lives of others.

You will be asked about different areas of your life including:

1. Satisfaction with life
2. Dignity, respect and rights
3. Independence and control of life
4. Relationships
5. Inclusion or being part of the community
6. Opportunities to learn and grow
7. Support received from people
8. Living situation

The more we know, the more we can help!